



STUDENT- PHARMACIST MENTORSHIP PROGRAM

MEETING FRAMEWORK

1 INTRODUCTION

- Share information about your career, hobbies, and your current stage in pharmacy school.
- Outline goals and expectations for the Mentorship Program.
- Discuss the best way to stay in contact and determine the frequency of meetings (**Required to meet four times from Oct 2025 - May 2026**)

2-4 MISCELLANEOUS

- Resume/CV Workshop
- Interview Preparation
- APPE/Co-op Preparation
- Post-graduate Opportunities
- How to maintain a healthy work/school/life balance
- Shadowing
 - Day in the Life of a Pharmacist
- Research Opportunities
- Topic Discussions
- Practice Journal Club

NOTE: This is a meeting framework, not a requirement. Meeting activities are ultimately up to both Student and Pharmacist to decide!

THINGS TO CONSIDER FOR A P2

- **Coursework:** Integrated Science and Therapeutics, Counseling Lab, Foundations in Pharmaceutics, Social Administration Sciences
- How to manage the demands of pharmacy school
- Co-op Experiences
- Ways to get involved in organizations in pharmacy school such as ASHP, ACCP, etc

THINGS TO CONSIDER FOR A P3

- **Coursework:** Integrated Science and Therapeutics, Concepts in Practice, Social Administrative Sciences
- Upcoming APPE experiences
- Post-graduate Opportunities
- Capstone Research Project
- Ways to avoid burnout towards the end of pharmacy school
- Transition from student to pharmacist